

AREAS OF INVESTIGATION WITH COUPLES

Level of commitment

Initial marital expectations and present expectations of relationship and each other

Individual perception of marital problem and individual background

Self-esteem level

Short- and long-range goals for the marriage

Relationship rules

Roles

Relationship and family dynamics

Communication patterns

Value systems

Roles

Time structure

Strengths (individual and relationship)

Collection of resentments (individual)

Responsibility and decision-making process re: parenting, finances, etc.

Sex

Intimacy level

Ways of fighting

Problem-solving skills for couple - ability to compromise

Fear areas

Expectations